

WEEK 4 KINDERGARTEN ACTIVITIES FOR HOME LEARNING

Please try to do at least one activity from each column each week.

A goal of 1 hour of learning a day for your child is optimal.

OBJECTIVES WE ARE WORKING ON THIS WEEK

- Be able to recognize and generate rhymes
- Being able to label and describe things in the environment
- Recognize and print numbers to 10
- Explore self expression through creative movement
- Being able to show independence and take on responsibilities

Literacy	Numeracy	Wellness	Religion	Play
<p>Sit in front of a window and draw the weather today.</p> <p>What does the sky look like? Is it warm or cool outside? What is happening in nature?</p> <p>Try to label your drawing too.</p>	<p>Make a pattern with your body!</p> <p>Claps, stomps, jumps, spins, taps... whatever works!</p> <p>See if you can have someone copy your pattern. Can you copy theirs too?</p>	<p>Make a thankful jar for the week.</p> <p>Grab a jar. Write one thing you are grateful for each day and add them to the jar.</p> <p>At the end of the week, sit down and read all the things you were grateful for!</p>	<p>Find a rock outside and make a prayer rock.</p> <p>Use a sharpie to write a prayer on your rock.</p> <p>Feel free to hide it in your community, give it to someone you love or keep it for yourself.</p>	<p>Play tic tac toe with someone in your family.</p> <p>Play inside with a paper and crayons or outside with sticks and rocks, sidewalk, etc.</p>
<p>Fill-in-the-blank rhymes</p> <p>Read a story or say a nursery rhyme.</p> <p>Leave off the rhyming word and have your child fill in the missing word.</p>	<p>Shoe Hunt</p> <p>Find different shoes in your house and gather them in one spot. Count the shoes. Can you sort the shoes by different attributes? (i.e. laces, no laces, size, colour, etc.) Can you make a pattern with the shoes?</p>	<p>Freeze Dance</p> <p>Play some music and dance to it. Have someone be in charge of stopping the music. When the music stops, you have to freeze in a balance.</p>	<p>Do an act of kindness for a member of your family.</p> <p>i.e. sweep the floors, fold laundry, make a card, make the bed, etc.</p>	<p>Have an indoor scavenger hunt.</p> <p>Google "indoor scavenger hunt", make up your own or use the link below!</p> <p>http://rocmomma.blogspot.com/2014/04/another-fun-easy-no-prep-scavenger-hunt.html</p>
<p>How many things that start with the letter D can you find your home?</p> <p>Draw and label your picture.</p>	<p>Find the numbers! Have your child write the numbers 1-10 separately on post it notes or paper.</p> <p>Have them hide the numbers around the house. Can you find their numbers? Now switch! Can you hide the numbers and have your child find them?</p>	<p>Do 5 minutes of stretching and breathing exercises</p> <p>Stretch up high, down low and to each side.</p> <p>https://copingskillsforkids.com/deep-breathing-exercises-for-kids</p>	<p>Write or draw at least 2 things you are thankful for in your gratitude journal.</p>	<p>Head outside to play a game of "Red Light, Green Light" with your family.</p>
<p>Write a thank you note to a friend, family member or person in our community.</p> <p>To: _____ From: _____ Thank you for...</p>	<p>Play a game of Go Fish with your family.</p>	<p>Go for a walk or bike ride with your family.</p> <p>(Keep in mind social distancing.)</p>	<p>Think of someone you would like to pray for. Write your own intentions for that person.</p> <p>I pray for _____ We pray to the Lord. Lord hear our prayer.</p>	<p>Set up a play grocery store in your house.</p> <p>Have fun playing grocery store with your family.</p>